

McKeel Academy of Technology
November Lunch Menu 2025

Menu items subject to change based on availability

****Daily Stations include Pizza, Deli Subs, and Salads****

Combine with a selection of fruits and vegetables to make a complete meal.

Monday	Tuesday	Wednesday	Thursday	Friday
3 Entrée Chicken Tenders w/Mac & Cheese Sides Seasoned Cabbage Blackeye Peas Assorted Fruits Choice of Milk	4 Entrée Tex Mex Bowl Sides WG Rice or Tortilla Cut Corn Black Beans Assorted Fruits Choice of Milk	5 Entrée Hamburgers Sides Potato Wedges Chopped Spinach Lettuce/Tomato Tray Assorted Fruits Choice of Milk	6 Entrée Chicken Fajitas Sides Black Beans WG Rice/Tortilla Baby Carrots w/dip Roasted Red Peppers Assorted Fruit Choice of Milk	7 Entrée Spaghetti w/ Meat Sauce Sides WG Dinner Roll Diced Carrots Cucumbers w/dip Assorted Fruit Choice of Milk
10 Entrée Chicken Sandwich Sides Curly Fries Green Beans Sliced Tomatoes Assorted Fruit Choice of Milk	11 Entrée Beef Nachos Sides Cut Corn Refried Beans WG Roll Assorted Fruit Choice of Milk	12 Entrée Chicken Alfredo Sides Broccoli Cuts Side Salad Assorted Fruit Choice of Milk	13 Entrée Popcorn Chicken Bowl Sides Mashed Potatoes Cut Corn Assorted Fruit Choice of Milk	14 Entrée Baked Lasagna Sides Garlic Bread Cut Carrots Side Salad Assorted Fruit Choice of Milk
17 Entrée Chicken Nuggets w/Roll Sides Mashed Potatoes Green Peas Assorted Fruit Choice of Milk	18 Entrée Beef Tacos Sides Black Beans/Rice Cut Corn Baby Carrots w/dip Assorted Fruit Choice of Milk	19 Entrée Pulled Pork Baked Potato Sides Side Salad Broccoli Cuts Cole Slaw Assorted Fruit Choice of Milk	20 Entrée <i>Thanksgiving Meal</i> Oven Roasted Turkey Breast Sides Mashed Potatoes w/Gravy Dressing Green Beans Sweet Potatoes Dinner Roll Dessert Assorted Fruit Choice of Milk	21 Entrée Corn Dogs/Hot Dogs Sides French fries Baked Beans Assorted Fruit Choice of Milk

Thanksgiving Break November 24th through Nov. 28th!!

A full lunch includes an entrée (meats & grains), 1 cup fruit & two vegetable sides and a choice of milk.
 Milk choices include Low-Fat White or Fat Free Chocolate Milk Daily.

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1. mail:

U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or

2. fax:

(833) 256-1665 or (202) 690-7442; or

3. email:

program.intake@usda.gov

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