

# McKeel Academy Central & South McKeel Academy

## November Lunch Menu 2025

**Menu items subject to change based on availability**

**\*Students may request a small Chef or Garden Salad as a substitution of daily entrée choice\***

| Monday                                                                                                                                                                                                                       | Tuesday                                                                                                                                                                                      | Wednesday                                                                                                                                                                                                                  | Thursday                                                                                                                                                                                                                                                                                                     | Friday                                                                                                                                                                        |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>3</b><br><b>Entrée Choices</b><br>Chicken Tenders w/Mac & Cheese<br>Yogurt Lunch<br>Uncrustable<br>Pizza (Grades 3 and up)<br><b>Sides</b><br>Diced Carrots<br>Seasoned Broccoli Cuts<br>Assorted fruit<br>Choice of Milk | <b>4</b><br><b>Entrée Choices</b><br>Tex Mex Bowl<br>Yogurt Lunch<br>Uncrustable<br>Pizza (Grades 3 and up)<br><b>Sides</b><br>Black Beans<br>Cut Corn<br>Assorted Fruit<br>Choice of Milk   | <b>5</b><br><b>Entrée Choices</b><br>Hamburgers<br>Yogurt Lunch<br>Uncrustable<br>Pizza (Grades 3 and up)<br><b>Sides</b><br>Tater Tots<br>Baked Beans<br>Lettuce/Tomato Tray<br>Assorted Fruit<br>Choice of Milk          | <b>6</b><br><b>Entrée Choices</b><br>Baked Chicken w/Biscuit<br>Yogurt Lunch<br>Uncrustable<br>Pizza (Grades 3 and up)<br><b>Sides</b><br>Green Beans<br>Mashed Potatoes<br>Assorted Fruit<br>Choice of Milk                                                                                                 | <b>7</b><br><b>Entrée Choices</b><br>Pizza (all grades)<br>Yogurt Lunch<br>Uncrustable<br><b>Sides</b><br>Cut Corn<br>Baby Carrots w/dip<br>Assorted Fruit<br>Choice of Milk  |
| <b>10</b><br><b>Entrée Choices</b><br>Chicken Sandwich<br>Yogurt Lunch<br>Uncrustable<br>Pizza (Grades 3 and up)<br><b>Sides</b><br>Potato Wedges<br>Spinach<br>Lettuce/Tomato tray<br>Assorted fruit<br>Choice of Milk      | <b>11</b><br><b>Entrée Choices</b><br>Beef Nachos<br>Yogurt Lunch<br>Uncrustable<br>Pizza (grades 3 and up)<br><b>Sides</b><br>Refried Beans<br>Cut Corn<br>Assorted Fruit<br>Choice of Milk | <b>12</b><br><b>Entrée Choices</b><br>Spaghetti w/meat sauce<br>Yogurt Lunch<br>Uncrustable<br>Pizza (Grades 3 and up)<br><b>Sides</b><br>Diced Carrots<br>Green Beans<br>Assorted Fruit<br>Choice of Milk                 | <b>13</b><br><b>Entrée Choices</b><br>Brunch (Eggs, Sausage, Pancakes)<br>Yogurt Lunch<br>Uncrustable<br>Pizza (Grades 3 and up)<br><b>Sides</b><br>Red Potatoes<br>Cucumbers w/Dip<br>Assorted Fruit<br>Choice of Milk                                                                                      | <b>14</b><br><b>Entrée Choices</b><br>Pizza (all grades)<br>Yogurt Lunch<br>Uncrustable<br><b>Sides</b><br>Cut Corn<br>Baby Carrots w/dip<br>Assorted Fruit<br>Choice of Milk |
| <b>17</b><br><b>Entrée Choices</b><br>BBQ Sandwich<br>Yogurt Lunch<br>Uncrustable<br>Pizza (Grades 3 and up)<br><b>Sides</b><br>French Fries<br>Baked Beans<br>Assorted Fruit<br>Choice of Milk                              | <b>18</b><br><b>Entrée Choices</b><br>Beef Tacos<br>Yogurt Lunch<br>Uncrustable<br>Pizza (Grades 3 and up)<br><b>Sides</b><br>Pinto Beans<br>Cut Corn<br>Assorted Fruit<br>Choice of Milk    | <b>19</b><br><b>Entrée Choices</b><br>Deli Bar (Build your own Sandwich)<br>Yogurt Lunch<br>Uncrustable<br>Pizza (Grades 3 and up)<br><b>Sides</b><br>Carrots w/dip<br>Cucumbers w/dip<br>Assorted Fruit<br>Choice of Milk | <b>20</b><br><b>Entrée Choices</b><br><b>Thanksgiving Meal</b><br>Oven Roasted Turkey Breast<br>Yogurt Lunch<br>Uncrustable<br>Pizza (Grades 3 and up)<br><b>Sides</b><br>Green Beans<br>Mashed Potatoes w/Gravy<br>Dressing<br>Sweet Potatoes<br>Dinner Roll<br>Dessert<br>Assorted Fruit<br>Choice of Milk | <b>21</b><br><b>Entrée Choices</b><br>Pizza (all grades)<br>Yogurt Lunch<br>Uncrustable<br><b>Sides</b><br>Cut Corn<br>Baby Carrots w/dip<br>Assorted Fruit<br>Choice of Milk |

**Thanksgiving Break November 24<sup>th</sup> through Nov. 28<sup>th</sup>!**

A full lunch includes an entrée (meats & grains), 1 fruit & two vegetable sides and a choice of milk.  
Milk choices include Low-Fat White or Fat Free Chocolate Milk Daily.

## **Nondiscrimination Statement**

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1. mail:

U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410; or

2. fax:

(833) 256-1665 or (202) 690-7442; or

3. email:

[program.intake@usda.gov](mailto:program.intake@usda.gov)

This institution is an equal opportunity provider.