McKeel Academy of Technology December Lunch Menu 2025

Menu items subject to change based on availability

Daily Stations include Pizza, Deli Subs, and Salads
Combine with a selection of fruits and vegetables to make a complete meal.

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Entrée	Entrée	Entrée	Entrée	Entrée
Chicken Tenders w/Mac &	Tex Mex Bowl	Beef Hot Dogs	Chicken Fajitas	Spaghetti w/ Meat Sauce
Cheese	Sides	Sides	Sides	Sides
Sides	WG Rice or Tortilla	Potato Wedges	Black Beans	WG Dinner Roll
Seasoned Cabbage	Cut Corn	Chopped Spinach	WG Rice/Tortilla	Diced Carrots
Blackeye Peas	Black Beans	Assorted Fruits	Baby Carrots w/dip	Cucumbers w/dip
Assorted Fruits	Assorted Fruits	Choice of Milk	Roasted Red Peppers	Assorted Fruit
Choice of Milk	Choice of Milk		Assorted Fruit	Choice of Milk
			Choice of Milk	
8	9	10	11	12
Entrée	Entrée	Entrée	Entrée	Entrée
Chicken Sandwich	Beef Nachos	Chicken Alfredo	Popcorn Chicken Bowl	Baked Lasagna
Sides	Sides	Sides	Sides	Sides
Curly Fries	Cut Corn	Broccoli Cuts	Mashed Potatoes	Garlic Bread
Green Beans	Refried Beans	Side Salad	Cut Corn	Cut Carrots
Sliced Tomatoes	WG Roll	Assorted Fruit	Assorted Fruit	Side Salad
Assorted Fruit	Assorted Fruit	Choice of Milk	Choice of Milk	Assorted Fruit
Choice of Milk	Choice of Milk			Choice of Milk
15	16	17	18	19
Entrée	Entrée	Entrée	Entrée	Entrée
Chicken Nuggets w/Roll	Beef Tacos	Pulled Pork Baked Potato	Meatball Subs or Mozzarella	Corn Dogs
Sides	Sides	Sides	Breadsticks	Sides
Mashed Potatoes	Black Beans/Rice	Side Salad	Sides	French fries
Green Peas	Cut Corn	Broccoli Cuts	Broccoli Cuts	Baked Beans
Assorted Fruit	Baby Carrots w/dip	Cole Slaw	Whole Baby Carrots	Assorted Fruit
Choice of Milk	Assorted Fruit	Assorted Fruit	Assorted Fruit	Choice of Milk
	Choice of Milk	Choice of Milk	Choice of Milk	

Winter Break December 22nd through Jan.5th!

Have a Safe and Happy Holiday!!

*Staff Returns Jan.5th

*Students return Jan.6th

A full lunch includes an entrée (meats & grains), 1 cup fruit & two vegetable sides and a choice of milk. Milk choices include Low-Fat White or Fat Free Chocolate Milk Daily.

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1. mail:

U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or
2, fax:

(833) 256-1665 or (202) 690-7442; or

3. email:

program.intake@usda.gov

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