

# McKeel Academy Central & South McKeel Academy

## January Lunch Menu 2026

**Menu items subject to change based on availability**

\*Students may request a small Chef or Garden Salad as a substitution of daily entrée choice\*

Monday	Tuesday	Wednesday	Thursday	Friday
<b>5</b> <b>Preschool Only in Session</b>  <b>Staff Work Day K-12</b>	<b>6</b> <b>Entrée Choices</b> Tex Mex Bowl Yogurt Lunch Uncrustable Pizza (Grades 3 and up) <b>Sides</b> Black Beans Cut Corn Assorted Fruit Choice of Milk	<b>7</b> <b>Entrée Choices</b> Beef Hot Dogs Yogurt Lunch Uncrustable Pizza (Grades 3 and up) <b>Sides</b> Tater Tots Baked Beans Lettuce/Tomato Tray Assorted Fruit Choice of Milk	<b>8</b> <b>Entrée Choices</b> Baked Chicken w/Biscuit Yogurt Lunch Uncrustable Pizza (Grades 3 and up) <b>Sides</b> Green Beans Mashed Potatoes Assorted Fruit Choice of Milk	<b>9</b> <b>Entrée Choices</b> Pizza (all grades) Yogurt Lunch Uncrustable <b>Sides</b> Cut Corn Baby Carrots w/dip Assorted Fruit Choice of Milk
<b>12</b> <b>Entrée Choices</b> Chicken Sandwich Yogurt Lunch Uncrustable Pizza (Grades 3 and up) <b>Sides</b> Potato Wedges Spinach Lettuce/Tomato tray Assorted fruit Choice of Milk	<b>13</b> <b>Entrée Choices</b> Beef Nachos Yogurt Lunch Uncrustable Pizza (grades 3 and up) <b>Sides</b> Refried Beans Cut Corn Assorted Fruit Choice of Milk	<b>14</b> <b>Entrée Choices</b> Spaghetti w/meat sauce Yogurt Lunch Uncrustable Pizza (Grades 3 and up) <b>Sides</b> Diced Carrots Green Beans Assorted Fruit Choice of Milk	<b>15</b> <b>Entrée Choices</b> Brunch (Eggs, Sausage, Pancakes) Yogurt Lunch Uncrustable Pizza (Grades 3 and up) <b>Sides</b> Red Potatoes Cucumbers w/Dip Assorted Fruit Choice of Milk	<b>16</b> <b>Entrée Choices</b> Pizza (all grades) Yogurt Lunch Uncrustable <b>Sides</b> Cut Corn Baby Carrots w/dip Assorted Fruit Choice of Milk
<b>19</b> <b>Holiday Students/Staff</b> Dr. Martin Luther King, Jr, Day	<b>20</b> <b>Entrée Choices</b> Beef Tacos Yogurt Lunch Uncrustable Pizza (Grades 3 and up) <b>Sides</b> Pinto Beans Cut Corn Assorted Fruit Choice of Milk	<b>21</b> <b>Entrée Choices</b> Deli Bar (Build your own Sandwich) Yogurt Lunch Uncrustable Pizza (Grades 3 and up) <b>Sides</b> Carrots w/dip Cucumbers w/dip Assorted Fruit Choice of Milk	<b>22</b> <b>Entrée Choices</b> Chicken Nuggets w/Roll Yogurt Lunch Uncrustable Pizza (Grades 3 and up) <b>Sides</b> Mashed Potatoes Broccoli Cuts w/Cheese Sauce Assorted Fruit Choice of Milk	<b>23</b> <b>Entrée Choices</b> Pizza (all grades) Yogurt Lunch Uncrustable <b>Sides</b> Cut Corn Baby Carrots w/dip Assorted Fruit Choice of Milk
<b>26</b> <b>Entrée Choices</b> Chicken Tenders w/Mac & Cheese Yogurt Lunch Uncrustable Pizza (Grades 3 and up) <b>Sides</b> Diced Carrots Seasoned Broccoli Cuts Assorted fruit Choice of Milk	<b>27</b> <b>Entrée Choices</b> Tex Mex Bowl Yogurt Lunch Uncrustable Pizza (Grades 3 and up) <b>Sides</b> Black Beans Cut Corn Assorted Fruit Choice of Milk	<b>28</b> <b>Entrée Choices</b> Beef Hot Dogs Yogurt Lunch Uncrustable Pizza (Grades 3 and up) <b>Sides</b> Tater Tots Baked Beans Lettuce/Tomato Tray Assorted Fruit Choice of Milk	<b>29</b> <b>Entrée Choices</b> Baked Chicken w/Biscuit Yogurt Lunch Uncrustable Pizza (Grades 3 and up) <b>Sides</b> Green Beans Mashed Potatoes Assorted Fruit Choice of Milk	<b>30</b> <b>Entrée Choices</b> Pizza (all grades) Yogurt Lunch Uncrustable <b>Sides</b> Cut Corn Baby Carrots w/dip Assorted Fruit Choice of Milk

A full lunch includes an entrée (meats & grains), 1 fruit & two vegetable sides and a choice of milk.  
Milk choices include Low-Fat White or Fat Free Chocolate Milk Daily.

## **Nondiscrimination Statement**

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Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. mail:

U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410; or

2. fax:

(833) 256-1665 or (202) 690-7442; or

3. email:

[program.intake@usda.gov](mailto:program.intake@usda.gov)

This institution is an equal opportunity provider.