

# McKeel Academy Mulberry

## October Lunch Menu 2026

**Menu items subject to change based on availability**

\*Students may request a small Chef or Garden Salad as a substitution of daily entrée choice\*

| Monday                                                                                                                                                                                                 | Tuesday                                                                                                                                                                     | Wednesday                                                                                                                                                                                           | Thursday                                                                                                                                                                                               | Friday                                                                                                                                                                        |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Sept. 28</b><br><b>Entrée Choices</b><br>Chicken Sandwich<br>Yogurt Lunch<br>Uncrustable<br><br><b>Sides</b><br>Potato Wedges<br>Spinach<br>Lettuce/Tomato tray<br>Assorted fruit<br>Choice of Milk | <b>Sept. 29</b><br><b>Entrée Choices</b><br>Beef Nachos<br>Yogurt Lunch<br>Uncrustable<br><br><b>Sides</b><br>Refried Beans<br>Cut Corn<br>Assorted Fruit<br>Choice of Milk | <b>Sept. 30</b><br><b>Entrée Choices</b><br>Spaghetti w/meat sauce<br>Yogurt Lunch<br>Uncrustable<br><br><b>Sides</b><br>Diced Carrots<br>Green Beans<br>Assorted Fruit<br>Choice of Milk           | <b>1</b><br><b>Entrée Choices</b><br>Brunch (Eggs, Sausage, Pancakes)<br>Yogurt Lunch<br>Uncrustable<br><br><b>Sides</b><br>Red Potatoes<br>Cucumbers w/Dip<br>Assorted Fruit<br>Choice of Milk        | <b>2</b><br><b>Entrée Choices</b><br>Pizza (all grades)<br>Yogurt Lunch<br>Uncrustable<br><b>Sides</b><br>Cut Corn<br>Baby Carrots w/dip<br>Assorted Fruit<br>Choice of Milk  |
| <b>5</b><br><b>Entrée Choices</b><br>Chicken Corn Dogs<br>Yogurt Lunch<br>Uncrustable<br><br><b>Sides</b><br>French Fries<br>Baked Beans<br>Assorted Fruit<br>Choice of Milk                           | <b>6</b><br><b>Entrée Choices</b><br>Beef Tacos<br>Yogurt Lunch<br>Uncrustable<br><br><b>Sides</b><br>Pinto Beans<br>Cut Corn<br>Assorted Fruit<br>Choice of Milk           | <b>7</b><br><b>Entrée Choices</b><br>Deli Bar (Build your own Sandwich)<br>Yogurt Lunch<br>Uncrustable<br><br><b>Sides</b><br>Carrots w/dip<br>Cucumbers w/dip<br>Assorted Fruit<br>Choice of Milk  | <b>8</b><br><b>Entrée Choices</b><br>Chicken Nuggets w/Roll<br>Yogurt Lunch<br>Uncrustable<br><br><b>Sides</b><br>Mashed Potatoes<br>Broccoli Cuts w/Cheese Sauce<br>Assorted Fruit<br>Choice of Milk  | <b>9</b><br><b>Entrée Choices</b><br>Pizza (all grades)<br>Yogurt Lunch<br>Uncrustable<br><b>Sides</b><br>Cut Corn<br>Baby Carrots w/dip<br>Assorted Fruit<br>Choice of Milk  |
| <b>12</b><br><b>Entrée Choices</b><br>Chicken Tenders w/Mac & Cheese<br>Yogurt Lunch<br>Uncrustable<br><br><b>Sides</b><br>Diced Carrots<br>Seasoned Broccoli Cuts<br>Assorted fruit<br>Choice of Milk | <b>13</b><br><b>Entrée Choices</b><br>Tex Mex Bowl<br>Yogurt Lunch<br>Uncrustable<br><br><b>Sides</b><br>Black Beans<br>Cut Corn<br>Assorted Fruit<br>Choice of Milk        | <b>14</b><br><b>Entrée Choices</b><br>Hamburgers<br>Yogurt Lunch<br>Uncrustable<br><br><b>Sides</b><br>Tater Tots<br>Baked Beans<br>Lettuce/Tomato Tray<br>Assorted Fruit<br>Choice of Milk         | <b>15</b><br><b>Entrée Choices</b><br>Baked Chicken w/Biscuit<br>Yogurt Lunch<br>Uncrustable<br><br><b>Sides</b><br>Green Beans<br>Mashed Potatoes<br>Assorted Fruit<br>Choice of Milk                 | <b>16</b><br><b>McKeel Closed for Students &amp; Staff</b><br><br><b>(District Work Day)</b>                                                                                  |
| <b>19</b><br><b>McKeel Closed for Students &amp; Staff</b><br><br><b>(Polk Schools in Session)</b>                                                                                                     | <b>20</b><br><b>Entrée Choices</b><br>Beef Nachos<br>Yogurt Lunch<br>Uncrustable<br><br><b>Sides</b><br>Refried Beans<br>Cut Corn<br>Assorted Fruit<br>Choice of Milk       | <b>21</b><br><b>Entrée Choices</b><br>Spaghetti w/meat sauce<br>Yogurt Lunch<br>Uncrustable<br><br><b>Sides</b><br>Diced Carrots<br>Green Beans<br>Assorted Fruit<br>Choice of Milk                 | <b>22</b><br><b>Entrée Choices</b><br>Brunch (Eggs, Sausage, Pancakes)<br>Yogurt Lunch<br>Uncrustable<br><br><b>Sides</b><br>Red Potatoes<br>Cucumbers w/Dip<br>Assorted Fruit<br>Choice of Milk       | <b>23</b><br><b>Entrée Choices</b><br>Pizza (all grades)<br>Yogurt Lunch<br>Uncrustable<br><b>Sides</b><br>Cut Corn<br>Baby Carrots w/dip<br>Assorted Fruit<br>Choice of Milk |
| <b>26</b><br><b>Entrée Choices</b><br>Chicken Corn Dogs<br>Yogurt Lunch<br>Uncrustable<br><br><b>Sides</b><br>French Fries<br>Baked Beans<br>Assorted Fruit<br>Choice of Milk                          | <b>27</b><br><b>Entrée Choices</b><br>Beef Tacos<br>Yogurt Lunch<br>Uncrustable<br><br><b>Sides</b><br>Pinto Beans<br>Cut Corn<br>Assorted Fruit<br>Choice of Milk          | <b>28</b><br><b>Entrée Choices</b><br>Deli Bar (Build your own Sandwich)<br>Yogurt Lunch<br>Uncrustable<br><br><b>Sides</b><br>Carrots w/dip<br>Cucumbers w/dip<br>Assorted Fruit<br>Choice of Milk | <b>29</b><br><b>Entrée Choices</b><br>Chicken Nuggets w/Roll<br>Yogurt Lunch<br>Uncrustable<br><br><b>Sides</b><br>Mashed Potatoes<br>Broccoli Cuts w/Cheese Sauce<br>Assorted Fruit<br>Choice of Milk | <b>30</b><br><b>Entrée Choices</b><br>Pizza (all grades)<br>Yogurt Lunch<br>Uncrustable<br><b>Sides</b><br>Cut Corn<br>Baby Carrots w/dip<br>Assorted Fruit<br>Choice of Milk |

A full lunch includes an entrée (meats & grains), 1 fruit & two vegetable sides and a choice of milk.  
Milk choices include Low-Fat White or Fat Free Chocolate Milk Daily.

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1. mail:

U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410; or

2. fax:

(833) 256-1665 or (202) 690-7442; or

3. email:

[program.intake@usda.gov](mailto:program.intake@usda.gov)

This institution is an equal opportunity provider.