



**MAC, MAT, and SMA
Breakfast Menu 2022-2023**

Menu items subject to change based on availability

Monday	Tuesday	Wednesday	Thursday	Friday
Whole Grain Cereal or Pop Tart w/toast	Whole Grain Cereal or Pop Tart w/toast	Whole Grain Cereal or Pop Tart w/toast	Whole Grain Cereal or Pop Tart w/toast	Whole Grain Cereal or Pop Tart w/toast
French Toast Sticks w/sausage link	Sausage,Egg,&Cheese Sandwich	Pancake/Sausage Wrap	Tornado Roll	Chicken & Waffles
Assorted Fruit Choice of Milk Juice	Assorted Fruit Choice of Milk Juice	Assorted Fruit Choice of Milk Juice	Assorted Fruit Choice of Milk Juice	Assorted Fruit Choice of Milk Juice

The U.S. Department of Agriculture (USDA) prohibits Discrimination against its customers, employees, and applicants for employment on the bases of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or if all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.) If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at http://www.ascr.usda.gov/complaint_filing_cust.html, or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at program.intake@usda.gov.