



McKeel Academy of Technology August Lunch Menu 2022

Menu items subject to change based on availability

****Daily Stations include Pizza, Deli Subs, and Salads****

Combine with a selection of fruits and vegetables to make a complete meal.

Monday	Tuesday	Wednesday	Thursday	Friday
1	2 Student Orientation MAC, MAT, and SMA	3 Student Orientation MAT Grades 9 & 10 Only	4 Beef Nachos Cut Corn Refried Beans Assorted Fruit Choice of Milk	5 Chicken Tenders Mac & Cheese Cabbage Black Eyed Peas Assorted Fruit Choice of Milk
8 Chicken Sandwich Potato Wedges Spinach Sliced Tomatoes Assorted Fruit Choice of Milk	9 Tex Mex Bowl (Choice of seasoned beef or chicken) Rice Black Beans Cut Corn Assorted Fruit Choice of Milk	10 Pasta Bar Baby Carrots Side Salad Garlic Bread Assorted Fruit Choice of Milk	11 Corn Dogs Baked Beans Cole Slaw Tater Tots Assorted Fruit Choice of Milk	12 Meatball Subs OR Mozzarella Breadsticks Baby Carrots w/Ranch Dip Cut Corn Assorted Fruit Choice of Milk
15 Chicken Nuggets Green Peas Tater Tots Baby Carrots Dinner Roll Assorted Fruits Choice of Milk	16 Taco Bar Black Beans Cut Corn Lettuce, Tomato Cups Assorted Fruits Choice of Milk	17 Baked Chicken Mashed Potatoes Green Beans Dinner Roll Assorted Fruits Choice of Milk	18 Teriyaki or Sweet & Sour Chicken Rice Broccoli Cuts Egg Rolls Assorted Fruit Choice of Milk	19 Hamburger or Hot Dog Potato Wedges Sliced Tomatoes Assorted Fruit Choice of Milk
22 Chicken Parmesan Italian Mix Vegetables Side Salad Breadsticks Assorted Fruit Choice of Milk	23 Beef Nachos Cut Corn Refried Beans Assorted Fruit Choice of Milk	24 Baked Lasagna Garlic Bread Side Salad Red Potatoes Steamed Carrots Assorted Fruit Choice of Milk	25 Chicken Fajitas Black Beans Rice Roasted peppers/onions Assorted Fruit Choice of Milk	26 Chicken Tenders Mac & Cheese Cabbage Black Eyed Peas Assorted Fruit Choice of Milk
29 Chicken Sandwich Potato Wedges Spinach Sliced Tomatoes Assorted Fruit Choice of Milk	30 Tex Mex Bowl Rice Black Beans Cut Corn Assorted Fruit Choice of Milk	31 Pasta Bar Baby Carrots Side Salad Garlic Bread Assorted Fruit Choice of Milk	Sept. 1 Corn Dogs Baked Beans Cole Slaw Tater Tots Assorted Fruit Choice of Milk	Sept. 2 McKeel Closed for Students & Staff District Work Day

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