



**McKeel Academy Central & South McKeel Academy
August Lunch Menu 2022**

Menu items subject to change based on availability

Monday	Tuesday	Wednesday	Thursday	Friday
1	2 Student Orientation MAC, MAT, and SMA	3	4 Entrée Choices Spaghetti w/ Meat Sauce Yogurt Lunch Uncrustable Pizza (Grades 3 and up) Sides Red Potatoes Green Beans Assorted Fruit Choice of Milk	5 Entrée Choices Pizza (all grades) Yogurt Lunch Uncrustable Sides French Fries Baby Carrots w/dip Assorted Fruit Choice of Milk
8 Entrée Choices Chicken Tenders w/ Mac & Cheese Yogurt Lunch Uncrustable Pizza (Grades 3 and up) Sides Broccoli w/Dip Lima Beans Assorted Fruit Choice of Milk	9 Entrée Choices Tex Mex Bowl (Seasoned Beef or Chicken) Yogurt Lunch Uncrustable Pizza (Grades 3 and up) Sides Black Beans Cut Corn Assorted Fruit Choice of Milk	10 Entrée Choices Deli Bar (Build your own Sandwich) Yogurt Lunch Uncrustable Pizza (Grades 3 and up) Sides Carrots w/dip Cucumbers w/dip Assorted Fruit Choice of Milk	11 Entrée Choices Baked Chicken w/Roll Yogurt Lunch Uncrustable Pizza (Grades 3 and up) Sides Mashed Potatoes Mixed Vegetables Assorted Fruit Choice of Milk	12 Entrée Choices Pizza (All Grades) Yogurt Lunch Uncrustable Sides Baby Carrots w/dip Assorted Fruit Choice of Milk
15 Entrée Choices WG Mini Corn Dogs Yogurt Lunch Uncrustable Pizza (Grade 3 and up) Sides Baked Beans Celery Sticks w/dip Assorted Fruit Choice of Milk	16 Entrée Choices Beef Tacos Yogurt Lunch Uncrustable Pizza (Grades 3 and up) Sides Pinto Beans Cob Corn Assorted Fruit Choice of Milk	17 Entrée Choices Chicken Sandwich Yogurt Lunch Uncrustable Pizza (Grades 3 and up) Sides Tater Tots Lettuce/Tomato Assorted Fruit Choice of Milk	18 Entrée Choices Brunch Yogurt Lunch Uncrustable Pizza (Grades 3 and up) Sides Cucumbers w/dip Breakfast Potatoes Assorted Fruit Choice of Milk	19 Entrée Choices Pizza (all grades) Yogurt Lunch Uncrustable Sides French Fries Baby Carrots w/dip Assorted Fruit Choice of Milk
22 Entrée Choices Chicken Nuggets w/Roll Yogurt Lunch Uncrustable Pizza (Grades 3 and up) Sides Mashed Potatoes Broccoli w/dip Assorted fruit Choice of Milk	23 Entrée Choices Beef Nachos Yogurt Lunch Uncrustable Pizza (grades 3 and up) Sides Refried Beans Cut Corn Assorted Fruit Choice of Milk	24 Entrée Choices Cheeseburger Yogurt Lunch Uncrustable Pizza (Grades 3 and up) Sides French Fries Salad w/sliced tomatoes Assorted Fruit Choice of Milk	25 Entrée Choices Spaghetti w/ Meat Sauce Yogurt Lunch Uncrustable Pizza (Grades 3 and up) Sides Red Potatoes Green Beans Assorted Fruit Choice of Milk	26 Entrée Choices Pizza (all grades) Yogurt Lunch Uncrustable Sides Cut Corn Baby Carrots w/dip Assorted Fruit Choice of Milk

<p>29</p> <p>Entrée Choices Chicken Tenders w/ Mac & Cheese Yogurt Lunch Uncrustable Pizza (Grades 3 and up)</p> <p>Sides Broccoli w/Dip Lima Beans Assorted Fruit Choice of Milk</p>	<p>30</p> <p>Entrée Choices Tex Mex Bowl (Seasoned Beef or Chicken) Yogurt Lunch Uncrustable Pizza (Grades 3 and up)</p> <p>Sides Black Beans Cut Corn Assorted Fruit Choice of Milk</p>	<p>31</p> <p>Entrée Choices Deli Bar(Build your own Sandwich) Yogurt Lunch Uncrustable Pizza (Grades 3 and up)</p> <p>Sides Carrots w/dip Cucumbers w/dip Assorted Fruit Choice of Milk</p>	<p>Sept.1</p> <p>Entrée Choices Baked Chicken w/Roll Yogurt Lunch Uncrustable Pizza (Grades 3 and up)</p> <p>Sides Mashed Potatoes Mixed Vegetables Assorted Fruit Choice of Milk</p>	<p>Sept.2</p> <p>McKeel Closed for Students and Staff District Work Day</p>
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A full lunch includes an entrée (meats & grains), 1 fruit & two vegetable sides and a choice of milk.
Milk choices include Low-Fat White or Fat Free Chocolate Milk Daily.

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