



**McKeel Academy Central & South McKeel Academy  
December Lunch Menu 2022**

**Menu items subject to change based on availability**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Nov.28</b> <b>Entrée Choices</b> Chicken Tenders w/ Mac & Cheese Yogurt Lunch Uncrustable Pizza (Grades 3 and up) <b>Sides</b> Broccoli w/Dip Green Peas Assorted Fruit Choice of Milk	<b>Nov. 29</b> <b>Entrée Choices</b> Tex Mex Bowl (Seasoned Beef or Chicken) Yogurt Lunch Uncrustable Pizza (Grades 3 and up) <b>Sides</b> Black Beans Cut Corn Assorted Fruit Choice of Milk	<b>Nov.30</b> <b>Entrée Choices</b> Deli Bar (Build your own Sandwich) Yogurt Lunch Uncrustable Pizza (Grades 3 and up) <b>Sides</b> Carrots w/dip Cucumbers w/dip Assorted Fruit Choice of Milk	<b>Dec.1</b> <b>Entrée Choices</b> Baked Chicken w/Roll Yogurt Lunch Uncrustable Pizza (Grades 3 and up) <b>Sides</b> Mashed Potatoes Mixed Vegetables Assorted Fruit Choice of Milk	<b>Dec.2</b> <b>Entrée Choices</b> Pizza (all grades) Yogurt Lunch Uncrustable <b>Sides</b> Cut Corn Baby Carrots w/dip Assorted Fruit Choice of Milk
<b>5</b> <b>Entrée Choices</b> WG Mini Corn Dogs Yogurt Lunch Uncrustable Pizza (Grades 3 and Up) <b>Sides</b> Baked Beans Celery Sticks w/dip Assorted Fruit Choice of Milk	<b>6</b> <b>Entrée Choices</b> Beef Tacos Yogurt Lunch Uncrustable Pizza (Grades 3 and up) <b>Sides</b> Pinto Beans Cut Corn Assorted Fruit Choice of Milk	<b>7</b> <b>Entrée Choices</b> Chicken Sandwich Yogurt Lunch Uncrustable Pizza (Grades 3 and up) <b>Sides</b> Tater Tots Lettuce/Tomato Assorted Fruit Choice of Milk	<b>8</b> <b>Entrée Choices</b> Brunch Yogurt Lunch Uncrustable Pizza (Grades 3 and up) <b>Sides</b> Cucumbers w/dip Breakfast Potatoes Assorted Fruit Choice of Milk	<b>9</b> <b>Entrée Choices</b> Pizza (all grades) Yogurt Lunch Uncrustable <b>Sides</b> French Fries Baby Carrots w/dip Assorted Fruit Choice of Milk
<b>12</b> <b>Entrée Choices</b> Chicken Nuggets w/Roll Yogurt Lunch Uncrustable Pizza (Grades 3 and up) <b>Sides</b> Mashed Potatoes Broccoli w/dip Assorted fruit Choice of Milk	<b>13</b> <b>Entrée Choices</b> Beef Nachos Yogurt Lunch Uncrustable Pizza (grades 3 and up) <b>Sides</b> Refried Beans Cut Corn Assorted Fruit Choice of Milk	<b>14</b> <b>Entrée Choices</b> Cheeseburger Yogurt Lunch Uncrustable Pizza (Grades 3 and up) <b>Sides</b> French Fries Salad w/sliced tomatoes Assorted Fruit Choice of Milk	<b>15</b> <b>Entrée Choices</b> Spaghetti w/ Meat Sauce Yogurt Lunch Uncrustable Pizza (Grades 3 and up) <b>Sides</b> Cut Carrots Green Beans Assorted Fruit Choice of Milk	<b>16</b> <b>Entrée Choices</b> Pizza (all grades) Yogurt Lunch Uncrustable <b>Sides</b> Tater Tots Baby Carrots w/dip Assorted Fruit Choice of Milk

**Winter Break Dec. 19th through Jan.4th Grades K-12**

**Winter Break Dec.19th through Jan. 3rd PreK**

A full lunch includes an entrée (meats & grains), 1 fruit & two vegetable sides and a choice of milk.  
Milk choices include Low-Fat White or Fat Free Chocolate Milk Daily.

**Nondiscrimination Statement**

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.