



**McKeel Academy of Technology  
May Lunch Menu 2023**

*\*Menu items subject to change based on availability\**

**\*\*Daily Stations include Pizza, Deli Subs, and Salads\*\***

**Combine with a selection of fruits and vegetables to make a complete meal.**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>1</b> <b>Entrée</b> Chicken Nuggets w/Dinner Roll Green Peas Tater Tots Baby Carrots Assorted Fruits Choice of Milk	<b>2</b> <b>Entrée</b> Taco Bar Black Beans/Rice Cut Corn Lettuce, Tomato Cups Assorted Fruits Choice of Milk	<b>3</b> <b>Entrée</b> Grilled Chicken Breasts Mashed Potatoes Green Beans WG Biscuit Assorted Fruits Choice of Milk	<b>4</b> <b>Entrée</b> Teriyaki or Sweet & Sour Chicken Rice/Dinner Roll Broccoli Cuts Cucumbers w/dip Assorted Fruit Choice of Milk	<b>5</b> <b>Entrée</b> Hamburger or Hot Dog Potato Wedges Sliced Tomatoes Assorted Fruit Choice of Milk
<b>8</b> <b>Entrée</b> Chicken Parmesan Italian Mix Vegetables Side Salad Breadsticks/WG Bun Assorted Fruit Choice of Milk	<b>9</b> <b>Entrée</b> Beef Nachos Cut Corn Refried Beans WG Roll Assorted Fruit Choice of Milk	<b>10</b> <b>Entrée</b> Baked Lasagna Garlic Bread Side Salad Broccoli Cuts Steamed Carrots Assorted Fruit Choice of Milk	<b>11</b> <b>Entrée</b> Chicken Fajitas Black Beans Rice/Tortilla Baby Carrots w/dip Roasted peppers/onions Assorted Fruit Choice of Milk	<b>12</b> <b>Entrée</b> Chicken Tenders Mac & Cheese Sweet Potatoes Black Eyed Peas Assorted Fruit Choice of Milk
<b>15</b> <b>Entrée</b> Chicken Sandwich Potato Wedges Spinach Sliced Tomatoes Assorted Fruit Choice of Milk	<b>16</b> <b>Entrée</b> Tex Mex Bowl Rice/Tortilla Black Beans Cut Corn Assorted Fruit Choice of Milk	<b>17</b> <b>Entrée</b> Spaghetti w/Meat Sauce or Marinara Sauce Baby Carrots Side Salad Garlic Bread Assorted Fruit Choice of Milk	<b>18</b> <b>Entrée</b> Corn Dogs Baked Beans Cole Slaw Tater Tots Assorted Fruit Choice of Milk	<b>19</b> <b>Entrée</b> Meatball Subs or Mozzarella Breadsticks Baby Carrots w/ranch dip Cut Corn Assorted Fruit Choice of Milk
<b>22</b> <b>Entrée</b> Chicken Nuggets w/Dinner Roll Green Peas Tater Tots Baby Carrots Assorted Fruits Choice of Milk	<b>23</b> <b>Entrée</b> Taco Bar Black Beans/Rice Cut Corn Lettuce, Tomato Cups Assorted Fruits Choice of Milk	<b>24</b> <b>Entrée</b> Grilled Chicken Breasts Mashed Potatoes Green Beans WG Biscuit Assorted Fruits Choice of Milk	<b>25</b> <b>Last Day Students Grades K-12</b> <b>Entrée</b> Teriyaki or Sweet & Sour Chicken Rice/Dinner Roll Broccoli Cuts Cucumbers w/dip Assorted Fruit Choice of Milk	<b>26</b> <b>Last Day for Teachers Grades K-12</b>  <b>Have a Safe and Happy Summer Break!</b>

A full lunch includes an entrée (meats & grains), 1 cup fruit & two vegetable sides and a choice of milk.  
Milk choices include Low-Fat White or Fat Free Chocolate Milk Daily.

## **Nondiscrimination Statement**

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1. mail:

U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410; or

2. fax:

(833) 256-1665 or (202) 690-7442; or

3. email:

[program.intake@usda.gov](mailto:program.intake@usda.gov)

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