

McKeel Academy of Technology

April Lunch Menu 2025

Menu items subject to change based on availability

****Daily Stations include Pizza, Deli Subs, and Salads****

Combine with a selection of fruits and vegetables to make a complete meal.

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|--|---|--|
| March 31 Entrée Chicken Tenders w/Mac & Cheese Sides Seasoned Cabbage Blackeye Peas Assorted Fruits Choice of Milk | 1 Entrée Tex Mex Bowl Sides WG Rice or Tortilla Cut Corn Black Beans Assorted Fruits Choice of Milk | 2 Entrée Hamburgers Sides Potato Wedges Chopped Spinach Lettuce/Tomato Tray Assorted Fruits Choice of Milk | 3 Entrée Chicken Alfredo Sides Side Salad Broccoli Cuts Assorted Fruit Choice of Milk | 4 Entrée Spaghetti w/ Meat Sauce Sides WG Dinner Roll Baby Carrots Cucumbers w/dip Assorted Fruit Choice of Milk |
| 7 Entrée Chicken Sandwich Sides Curly Fries Broccoli w/Cheese Sauce Fresh Cucumbers w/dip Assorted Fruit Choice of Milk | 8 Entrée Beef Nachos Sides Cut Corn Refried Beans WG Roll Assorted Fruit Choice of Milk | 9 Entrée Chicken Fajitas Sides Black Beans Rice/Tortilla Baby Carrots w/Ranch Dip Roasted Red Peppers Assorted Fruit Choice of Milk | 10 Entrée Popcorn Chicken Bowl Sides Mashed Potatoes Cut Corn Assorted Fruit Choice of Milk | 11 Entrée Baked Lasagna Sides Garlic Bread Cut Carrots Side Salad Assorted Fruit Choice of Milk |
| 14 Entrée Pulled Pork Baked Potato Sides Side Salad Broccoli Cuts Cole Slaw Choice of Milk | 15 Entrée Beef Tacos Sides Black Beans/Rice Cut Corn Baby Carrots w/dip Assorted Fruit Choice of Milk | 16 Entrée Meatball Subs or Mozzarella Breadsticks Sides Broccoli Cuts Whole Baby Carrots Assorted Fruit Choice of Milk | 17 Entrée Chicken Nuggets w/Roll Sides Mashed Potatoes Green Peas Assorted Fruit Choice of Milk | 18 No School Students and Staff |
| 21 No School Students and Staff | 22 Entrée Tex Mex Bowl Sides WG Rice or Tortilla Cut Corn Black Beans Assorted Fruits Choice of Milk | 23 Entrée Hamburgers Sides Potato Wedges Chopped Spinach Lettuce/Tomato Tray Assorted Fruits Choice of Milk | 24 Entrée Chicken Alfredo Sides Side Salad Broccoli Cuts Cucumbers w/dip Assorted Fruit Choice of Milk | 25 Entrée Spaghetti w/ Meat Sauce Sides WG Dinner Roll Baby Carrots Cucumbers w/dip Assorted Fruit Choice of Milk |
| 28 Entrée Chicken Sandwich Sides Curly Fries Broccoli w/Cheese Sauce Fresh Cucumbers w/dip Assorted Fruit Choice of Milk | 29 Entrée Beef Nachos Sides Cut Corn Refried Beans WG Roll Assorted Fruit Choice of Milk | 30 Entrée Chicken Fajitas Sides Black Beans Rice/Tortilla Baby Carrots w/Ranch Dip Roasted Red Peppers Assorted Fruit Choice of Milk | May 1 Entrée Popcorn Chicken Bowl Sides Mashed Potatoes Cut Corn Assorted Fruit Choice of Milk | May 2 Entrée Baked Lasagna Sides Garlic Bread Cut Carrots Side Salad Assorted Fruit Choice of Milk |

A full lunch includes an entrée (meats & grains), 1 cup fruit & two vegetable sides and a choice of milk.
 Milk choices include Low-Fat White or Fat Free Chocolate Milk Daily.

Nondiscrimination Statement

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To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. mail:

U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or

2. fax:

(833) 256-1665 or (202) 690-7442; or

3. email:

program.intake@usda.gov

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