



**McKeel Academy Central & South McKeel Academy
Alternate August Breakfast Menu 2020**

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6 Breakfast Pizza Assorted Cereal Assorted Fruit Choice of Milk Juice	7 Scrambled Eggs Assorted Cereal Toast Assorted Fruit Choice of Milk Juice
10 Chicken & Waffles Assorted Cereal Assorted Fruit Choice of Milk Juice	11 Sausage, Egg, Cheese Biscuit Assorted Cereal Assorted Fruit Choice of Milk Juice	12 Tornado Breakfast Roll Assorted Cereal Assorted Fruit Choice of Milk Juice	13 Sausage/Pancake Wrap Assorted Cereal Assorted Fruit Choice of Milk Juice	14 Yogurt Parfait w/WG Muffin or Toast Assorted Cereal Assorted Fruit Choice of Milk Juice
17 Pancakes w/Sausage Patty Assorted Cereal Assorted Fruit Choice of Milk Juice	18 Chicken Biscuit Assorted Cereal Assorted Fruit Choice of Milk Juice	19 French Toast Sticks w/ Sausage Link Assorted Cereal Assorted Fruit Choice of Milk Juice	20 Breakfast Pizza Assorted Cereal Assorted Fruit Choice of Milk Juice	21 Scrambled Eggs Assorted Cereal Toast Assorted Fruit Choice of Milk Juice
24 Chicken & Waffles Assorted Cereal Assorted Fruit Choice of Milk Juice	25 Sausage, Egg, Cheese Biscuit Assorted Cereal Assorted Fruit Choice of Milk Juice	26 Tornado Breakfast Roll Assorted Cereal Assorted Fruit Choice of Milk Juice	27 Sausage/Pancake Wrap Assorted Cereal Assorted Fruit Choice of Milk Juice	28 Yogurt Parfait w/WG Muffin or Toast Assorted Cereal Assorted Fruit Choice of Milk Juice
31 Pancakes w/Sausage Patty Assorted Cereal Assorted Fruit Choice of Milk Juice	Sept.1 Chicken Biscuit Assorted Cereal Assorted Fruit Choice of Milk Juice	Sept.2 French Toast Sticks w/ Sausage Link Assorted Cereal Assorted Fruit Choice of Milk Juice	Sept.3 Breakfast Pizza Assorted Cereal Assorted Fruit Choice of Milk Juice	Sept.4 Scrambled Eggs Assorted Cereal Toast Assorted Fruit Choice of Milk Juice

A full lunch includes an entrée (meats & grains), 1 fruit & two vegetable sides and a choice of milk.
Milk choices include Low-Fat White or Fat Free Chocolate Milk Daily.

