



McKeel Academy of Technology Alternate August Breakfast Menu 2020

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6 Eggs with Toast French Toast Sticks w/Sausage Link Assorted Cereal Assorted Fruit Choice of Milk Juice	7 Eggs with Toast Breakfast Pizza Assorted Cereal Assorted Fruit Choice of Milk Juice
10 Eggs with Toast Waffles w/ Sausage Patty Assorted Cereal Assorted Fruit Choice of Milk Juice	11 Cheese Omelet Breakfast Slider Assorted Cereal Assorted Fruit Choice of Milk Juice	12 Eggs with Toast Breakfast Tornado Roll Assorted Cereal Assorted Fruit Choice of Milk Juice	13 Eggs with Toast Pancakes w/Sausage link Assorted Cereal Assorted Fruit Choice of Milk Juice	14 Eggs with Toast Breakfast Burrito Assorted Cereal Assorted Fruit Choice of Milk Juice
17 Eggs with Toast Sausage,Egg & Cheese Sandwich Assorted Cereal Assorted Fruit Choice of Milk Juice	18 Cheese Omelet w/Toast Pancake Wrapped Sausage Link Assorted Cereal Assorted Fruit Choice of Milk Juice	19 Eggs with Toast Sausage Biscuit Assorted Cereal Assorted Fruit Choice of Milk Juice	20 Eggs with Toast French Toast Sticks w/Sausage Link Assorted Cereal Assorted Fruit Choice of Milk Juice	21 Eggs with Toast Breakfast Pizza Assorted Cereal Assorted Fruit Choice of Milk Juice
24 Eggs with Toast Waffles w/ Sausage Patty Assorted Cereal Assorted Fruit Choice of Milk Juice	25 Cheese Omelet Breakfast Slider Assorted Cereal Assorted Fruit Choice of Milk Juice	26 Eggs with Toast Breakfast Tornado Roll Assorted Cereal Assorted Fruit Choice of Milk Juice	27 Eggs with Toast Pancakes w/Sausage link Assorted Cereal Assorted Fruit Choice of Milk Juice	28 Eggs with Toast Breakfast Burrito Assorted Cereal Assorted Fruit Choice of Milk Juice
31 Eggs with Toast Sausage,Egg & Cheese Sandwich Assorted Cereal Assorted Fruit Choice of Milk Juice	Sept.1 Cheese Omelet w/Toast Pancake Wrapped Sausage Link Assorted Cereal Assorted Fruit Choice of Milk Juice	Sept.2 Eggs with Toast Sausage Biscuit Assorted Cereal Assorted Fruit Choice of Milk Juice	Sept.3 Eggs with Toast French Toast Sticks w/Sausage Link Assorted Cereal Assorted Fruit Choice of Milk Juice	Sept.4 Eggs with Toast Breakfast Pizza Assorted Cereal Assorted Fruit Choice of Milk Juice

A full lunch includes an entrée (meats & grains), 1 fruit & two vegetable sides and a choice of milk.
Milk choices include Low-Fat White or Fat Free Chocolate Milk Daily.

