



**McKeel Academy Central & South McKeel Academy  
Alternate November Menu 2020**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>2</b> Chicken Nuggets w/Roll Yogurt Lunch Uncrustable Pizza (Grades 3 and up) Mashed Potatoes Broccoli w/dip Assorted Fruit Choice of Milk	<b>3</b> Beef Nachos Yogurt Lunch Uncrustable Pizza (Grades 3 and up) Refried Beans Cut Corn Assorted Fruit Choice of Milk	<b>4</b> Cheeseburgers Yogurt Lunch Uncrustable Pizza (Grades 3 and up) French Fries Salad w/ Sliced Tomatoes Assorted Fruit Choice of Milk	<b>5</b> Roast Port w/Roll Yogurt lunch Uncrustable Pizza (Grades 3 and up) Red Potatoes Green Beans Assorted Fruit Choice of Milk	<b>6</b> Pizza (All Grades) Yogurt Lunch Uncrustable Cut Corn Baby Carrots w/dip Assorted Fruit Choice of Milk
<b>9</b> Chicken Tenders w/Mac & Cheese Yogurt Lunch Uncrustable Pizza (Grades 3 and up) Lima Beans Broccoli w/Dip Assorted Fruit Choice of Milk	<b>10</b> Tex Mex Bowl (Seasoned Beef or Chicken) Yogurt Lunch Uncrustable Pizza (Grades 3 and up) Black Beans Cut Corn Assorted Fruit Choice of Milk	<b>11</b> Spaghetti w/Meat Sauce Yogurt Lunch Uncrustable Pizza (Grades 3 and up) Steamed Carrots Cucumbers w/dip Assorted Fruit Choice of Milk	<b>12</b> Baked Chicken w/Roll Yogurt Lunch Uncrustable Pizza (Grades 3 and up) Mashed Potatoes Mixed Vegetables Assorted Fruit Choice of Milk	<b>13</b> Pizza (All Grades) Yogurt Lunch Uncrustable French Fries Baby Carrots w/dip Assorted Fruit Choice of Milk
<b>16</b> Chicken Nuggets w/Roll Yogurt Lunch Uncrustable Pizza (Grades 3 and up) Mashed Potatoes Broccoli w/dip Assorted Fruit Choice of Milk	<b>17</b> Beef Nachos Yogurt Lunch Uncrustable Pizza (Grades 3 and up) Refried Beans Cut Corn Assorted Fruit Choice of Milk	<b>18</b> Cheeseburgers Yogurt Lunch Uncrustable Pizza (Grades 3 and up) French Fries Salad w/ Sliced Tomatoes Assorted Fruit Choice of Milk	<b>19</b> <i><b>Thanksgiving Meal</b></i> Turkey & Dressing Yogurt lunch Uncrustable Pizza (Grades 3 and up) Sweet Potatoes w/Marshmallow topping Mashed Potatoes/Gravy Green Beans Apple Crisp Choice of Milk	<b>20</b> Fall Break
<b>23</b> Fall Break	<b>24</b> Fall Break	<b>25</b> Fall Break	<b>26</b> Fall Break	<b>27</b> Fall Break

A full lunch includes an entrée (meats & grains), 1 fruit & two vegetable sides and a choice of milk.  
Milk choices include Low-Fat White or Fat Free Chocolate Milk Daily.