



**McKeel Academy of Technology  
October Lunch Menu 2021**

**\*\*Daily Stations include Pizza, Deli Subs, and Salads\*\***

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Sept. 27</b> Chicken Nuggets Green Peas Tater Tots Baby Carrots Dinner Roll Assorted Fruits Choice of Milk	<b>Sept. 28</b> Taco Bar Black Beans Cut Corn Lettuce, Tomato Cups Assorted Fruits Choice of Milk	<b>Sept. 29</b> Baked Chicken Mashed Potatoes Green Beans Dinner Roll Assorted Fruits Choice of Milk	<b>Sept. 30</b> Baked Potato Bar Chili or Cheese Broccoli Cuts Cut Carrots WG Crackers Assorted Fruit Choice of Milk	<b>Oct. 1</b> Hamburger or Hot Dog Potato Wedges Sliced Tomatoes Assorted Fruit Choice of Milk
<b>4</b> Chicken Parmesan Sweet Potato Fries Zucchini Side Salad Assorted Fruit Choice of Milk	<b>5</b> Chicken Fajitas Black Beans Rice Roasted Red Peppers Assorted Fruit Choice of Milk	<b>6</b> Lasagna Garlic Bread Side Salad Red Potatoes Steamed Carrots Assorted Fruit Choice of Milk	<b>7</b> Salisbury Steak Mashed Potatoes Green Beans Dinner Roll Assorted Fruit Choice of Milk	<b>8</b> Chicken Tenders Mac & Cheese Cabbage Blackeye Peas Assorted Fruit Choice of Milk
<b>11</b> Corn Dogs Tater Tots Baby Carrots w/Ranch Dip Assorted Fruit Choice of Milk	<b>12</b> Beef or Cheese Nachos Cut Corn Refried Beans Assorted Fruit Choice of Milk	<b>13</b> Meatloaf Sweet Potatoes Green Beans Dinner Roll Assorted Fruit Choice of Milk	<b>14</b> BBQ or Buffalo Chicken Sandwich Potato Wedges Broccoli Cuts Assorted Fruit Choice of Milk	<b>15</b> Shepherd's Pie Green Peas Diced Carrots Dinner Roll Assorted Fruit Choice of Milk
<b>18</b> <b>McKeel Schools Closed</b> Preschool will be in session District Work Day	<b>19</b> Tex Mex Bowl Rice Black Beans Cut Corn Assorted Fruit Choice of Milk	<b>20</b> Pasta Bar Red Potatoes Baby Carrots Side Salad Garlic Bread Assorted Fruit Choice of Milk	<b>21</b> Pulled Pork BBQ Baked Beans Cole Slaw Tater Tots Assorted Fruit Choice of Milk	<b>22</b> Fiestada Pizza OR Mozzarella Breadsticks Baby Carrots w/Ranch Dip Cut Corn Assorted Fruit Choice of Milk
<b>25</b> Chicken Nuggets Green Peas Tater Tots Baby Carrots Dinner Roll Assorted Fruits Choice of Milk	<b>26</b> Taco Bar Black Beans Cut Corn Lettuce, Tomato Cups Assorted Fruits Choice of Milk	<b>27</b> Baked Chicken Mashed Potatoes Green Beans Dinner Roll Assorted Fruits Choice of Milk	<b>28</b> Baked Potato Bar Chili or Cheese Broccoli Cuts Cut Carrots WG Crackers Assorted Fruit Choice of Milk	<b>29</b> Hamburger or Hot Dog Potato Wedges Sliced Tomatoes Assorted Fruit Choice of Milk

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